



When will I get a vaccine?

2021

01

January:

- ✓ residents and staff of residential care centres.
- ✓ healthcare personnel (doctors, nurses, etc.) from hospitals.

02

February:

- ✓ primary care staff (general practitioners, pharmacists, etc.)
- ✓ collective healthcare facilities (disabled care, ...) and other hospital staff

03

March:

- ✓ 65 years or older
- ✓ people at higher risk due to their health

04

April:

- ✓ people with essential functions

06

As of June:

- ✓ anyone over 18 years of age

This timing may still change. To check the most recent timing, check www.info-coronavirus.be

How do I know when I will receive a vaccine?

- You will receive an invitation by letter, text and/or email. You do not need to do anything to get the invitation.
- You can register digitally or by phone.
- In some cities, you can pick the date of your vaccination yourself. Other cities propose two dates. You are not available? Then you can choose another time.



Where can I get vaccinated?

In a vaccination center.

How much does a vaccine cost?

It is free.

More information?

- www.info-coronavirus.be/
- www.laatjevaccineren.be
- www.covid.aviq.be/fr/vaccination
- www.coronavirus.brussels/vaccination-menu/

Engels - anglais

Get vaccinated!

How does a vaccine work?

- The vaccine causes your body to make antibodies.
- Those antibodies help to fight the virus.
- If you are then exposed to the virus, the antibodies will protect you.

Why should you get vaccinated?

- The coronavirus can be dangerous to yourself and many people around you:
 - ✓ those over 65
 - ✓ people with lung, heart or vascular disease
 - ✓ people with diabetes or high blood pressure

But the virus can also be dangerous for young, healthy people.

- If more than 70% of all people in Belgium are vaccinated, the virus will spread less quickly. This is called group immunity.
- Your life will get back to normal faster.
- It makes your body stronger against the virus.

How do I get the vaccine?

- There are different types of vaccines.
- For one vaccine, you will only get one shot in your upper arm. After your injection, you have to wait at least 14 days. After that, the vaccine will protect you as much as possible against the coronavirus.
- For the other vaccine, you will first receive one shot and after some weeks a second shot. After your second shot, you will need to wait at least 14 days to get proper protection.

Is the vaccine safe?

- There is a lot of expertise with making vaccines. Scientists and pharmaceutical experts around the world were able to create the vaccine in a short period of time. There was also money and time to do this quickly because it was urgent. A lot of people have been vaccinated in the meantime.
- The vaccine has been checked carefully by the official scientific bodies. It is safe.

When can I not get vaccinated?

In principle, every adult can be vaccinated. Even if you are breastfeeding or pregnant, you can get the vaccine. Do you have any questions? Ask your family doctor in advance.

There are a few exceptions:

- Did you ever have an immediate or severe allergic reaction after a previous vaccination? Or did you need urgent medical care after taking medication? In that case, contact your GP in advance.
- You have symptoms of an infection (such as a fever of more than 38°). Only make an appointment to get vaccinated when you have fully recovered.
- You had a positive corona test and you did not become ill in the following 14 days? Then you can make an appointment.
- You have had a corona test that was positive and you are ill: contact your GP. You can only get vaccinated 14 days after you have recovered.

Can I develop problems after the vaccination?

You may develop

- some redness, pain or swelling in your upper arm
- fatigue
- headache
- a little higher temperature

This is normal and not a big deal. You can take paracetamol for this. As an adult, take 1 to 2 pills (500 mg to 1000 mg) every 4 to 6 hours, as needed. You can take a maximum of 3 grams per day. Do you have doubts or do you have persistent symptoms? It is best to contact your GP.

Do continue to observe the rules until enough people have been vaccinated. Keep 1.5 meters distance, wear a face mask and wash your hands often.

